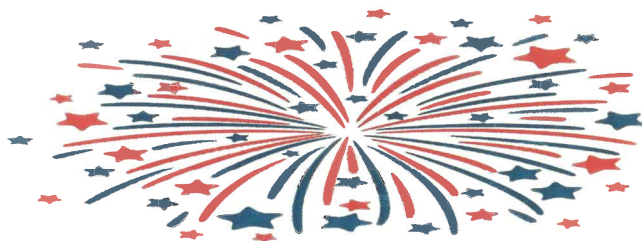
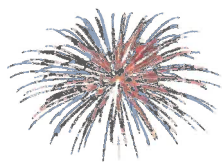


**Lewiston Senior Center**

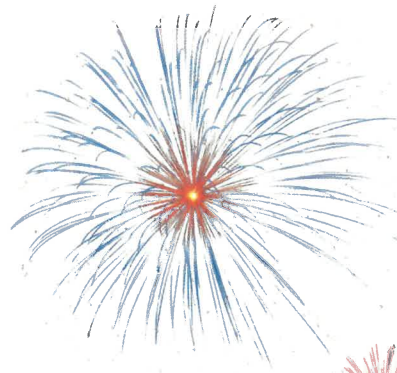
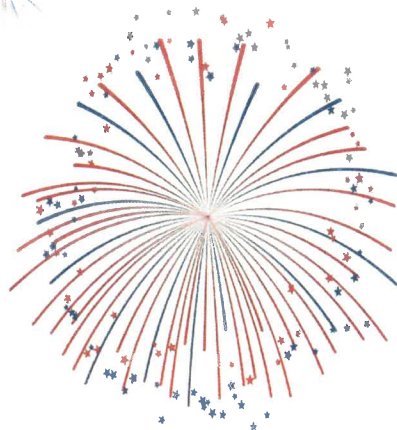
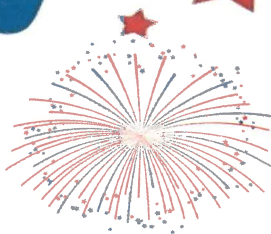
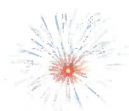
4361 Lower River Road  
Youngstown, New York 14174  
(716)754-2071  
molick@townoflewistonny.gov



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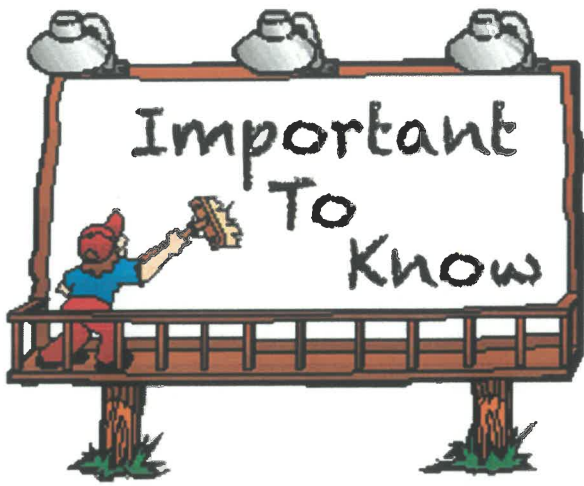


# July Newsletter



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**If you and your group use the Senior Center for an activity and you decide to cancel or change your day and/or time, please let me know in advance of this change or cancellation. Other activities may be taking place at your designated time and**

**day. In the event you decide to come on another day someone else may be using the building in your place! This is very busy place with lots of things going on and I need to keep all of my Ducks in a row!**

**Thank you!**

**Melinda**



## **Lunch Information:**

**Please remember to complete your monthly calendar/menu so you are sure to have a lunch on the days you plan to attend! Thank you!**

**If you would like to reach Jenn at the Senior Center**

**Please call 754-2071 extension 395**

**The Senior Center will be closed and no meals will be served on Friday, July 3rd in**

**Observance of Independence Day!**

**Our 4th of July Summer Fun Meal will be served on Wednesday, July 1st our delicious menu will include a Hot Dog on Roll, Baked Beans, Confetti Corn and Strawberry Shortcake**

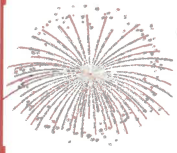
**As always remember if you would like transportation for the lunch program provided by the Senior Van please let the office know so we can put you on the schedule.**

**Thank you!**

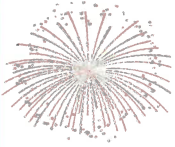




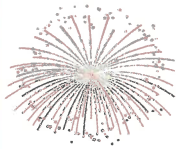
## Center Happenings!



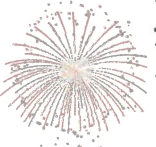
**Starting July 8th 9AM-2PM**  
**Produce by James**  
**Every Wednesday**  
**Senior Center Parking Lot**



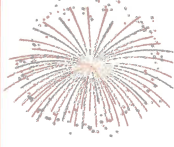
**Thursday, July 14th and July 28th**  
**10:30PM B/P with Nurse Joyce**



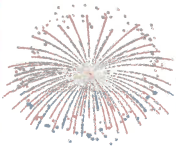
**Frozen Treat Friday's**  
**Every Friday served after lunch!**



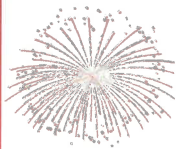
**Tuesday, July 21th at 1:30PM**  
**PM Book Club**  
***The Guest List* by Lucy Foley**



**Friday, July 17th at 1:00PM**  
**Flower Arranging**



**Friday, July 24th at 12:00PM**  
**Music with Mike and the Kids!**



**Remember to Wear Your**  
**Thinking Cap for Super Fun Trivia**  
**Every Friday at 12PM!**



**Happy**  
**4th of July**



### THE TOWN OF LEWISTON SENIOR CENTER

Will be open 8:00am-4:00pm  
Monday –Friday. It maintains  
an open-door policy creating a  
pleasant and healthy environ-  
ment for Senior Citizens. The  
caring staff is dedicated to the  
well being of those who par-  
ticipate in the many programs  
and services offered.

Please check the calendar to  
see what events and activities  
we have planned this month.

We attempt to keep our news-  
letter information as up-dated  
as possible but occasionally  
changes do happen after pub-  
lication. Check our website  
for updated information:

[lewistonseniorcenter.com](http://lewistonseniorcenter.com)

You do not need to be a mem-  
ber of the Senior Club to par-  
ticipate in any of the pro-  
grams offered at the Center!

The Niagara County Office for  
the Aging Attorney is available  
at the Center for Legal Ser-  
vices the first Tuesday of eve-  
ry month from 11:00am-  
12:00pm. Please call the cen-  
ter to schedule an appoint-  
ment or for more infor-  
mation.

If you any questions or com-  
ments please feel free to con-  
tact the Senior Center.

(716)754-2071

Thank You!



## TOWN OF LEWISTON SENIOR CENTER CAREVAN

Transportation is provided for residents who would like to attend activities at the center and for medical appointments. However, donations are greatly appreciated but no Senior will be denied service due to an inability to pay. The Senior Van is in operation Monday through Friday from 8:30AM-3:00 PM. Arrangements must be made 24 hours in advance. Senior Van funding provided by the Town of Lewiston and the Niagara County Office for the Aging.

**Who may use the Senior Van:** The Senior Van may be used by Seniors 60 years or older, residing in the geographic limits of the Town of Lewiston. We do NOT have a wheel chair van. If you require ANY assistance, due to liability restrictions, you must have someone accompany you to provide the required assistance.

**Service Priorities:** Every van rider is important to us, Medical needs will be the first priority for service. Seniors requiring hospital or doctors care will be scheduled prior to any other need. In order to accommodate as many people as possible, you may have to be picked up earlier than you think necessary if there is more than one appointment scheduled for the same time. YOU MAY HAVE TO WAIT TO BE PICKED UP for your trip home.

Due to increased demand of our Van Service, the Senior Van will provide transportation for Shopping, Banking, and Hair Appointments as van availability allows. Please call the center for more information. This service is limited to the Village of Lewiston.

**Client Location Conditions:** Clients are expected to keep driveways clear of any obstacles (low hanging tree branches, ice/snow, and any other obstruction). If your location is determined by the driver to be impassable or hazardous, arrangement will be made to pick you up at another location.

**Donations for Service:** Travel within the Town of Lewiston will be at the rate of 50 cents per one trip and \$1.00 round trip. Travel outside of the Town of Lewiston will be at the following rates:

**Summit Mall Medical** \$4.00

**Niagara Falls** \$4.00

**Youngstown** \$ 3.00



**No Senior will be denied service due to an inability to pay.**

**The Van Drivers would like to remind you to “Buckle-Up” when you ride in the van.**



# July Weekly Activities

**Monday**

8:15AM

Chair Yoga

9:30AM

Chair Yoga

10:45

Card Making

1:00PM

Afternoon Art

12:30PM

Pinochle (Looking for new players 😊!)

9-12:00

Jeff Lewis BC/BS (The 4<sup>th</sup> Monday of each Month)

**Tuesday**

9:30AM

Resistance Band Exercise

10:30AM

B/P with Joyce (2<sup>nd</sup> & 4<sup>th</sup> Tuesday of each Month)

11-12:30

Lawyer NCOFA (1<sup>st</sup> Tuesday of Each Month)

12:30PM

Senior Club (1<sup>st</sup> Tuesday) Travel Club (4<sup>th</sup> Tuesday)

12:00PM

Bridge (1<sup>st</sup> Tuesday of Each Month Only)

12:30PM

Euchre

1:30PM

Book Club (3<sup>rd</sup> Tuesday of Each Month)

1:30PM

Technology 101 (1<sup>st</sup> Tuesday of Each Month)

6:30PM

Wood Carvers (6:30-8:30PM 3<sup>rd</sup> Tuesday of each Month!)

**Wednesday**

9:30AM

Silver Sneakers

10:30AM

Larks (Will be off for July and August 😊!)

12:30PM

BINGO

12:00PM

Mahjongg (Looking for new players 😊!)

**Thursday**

8:30AM

Mahjongg (Looking for new players 😊!)

9:00AM

Wood Carvers (6:30-8:30PM 3<sup>rd</sup> Tuesday of each Month!)

1:00PM

Exercise with Kathy

**Friday**

9:00AM

Quilters, Knitters, and Crochet

9:15AM

Chair Yoga

12:00PM

Trivia

12-3:00PM

Bridge (Looking for players 😊!)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Lunch Program</b> <b>Monday-Friday</b> 11:00AM-12:30PM						
<b>5 Birthdays</b> Are celebrated the first Tuesday of each Month 	<b>6</b> 8:15 Chair Yoga 9:30 Chair Yoga 10:45 Card Making 1:00 Pinochle 1-3:00PM Art	<b>7</b> 9:30 Band Ex NCOFA Lawyer Senior Club 12:30 Euchre 12PM Bridge 	<b>8</b> 9:30 Silver Sneakers 12:30 BINGO! 12-3:00 Mahjongg	<b>9</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/Kathy	<b>10</b> 9AM Quilters 9:30AM Chair Yoga 12:00-3:00Bridge	<b>11</b> Frozen Treat Friday's! 
<b>12</b>	<b>13</b> 8:15 Chair Yoga 9:30 Chair Yoga 10:45 Card Making 1:00 Pinochle 1-3:00PM Art	<b>14</b> 9:30 Band Ex 10:30 B/P Screening 12:30 Euchre	<b>15</b> 9:30AM Silver Sneakers 12:30 BINGO! 12-3:00 Mahjongg	<b>16</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/ Kathy	<b>17</b> 9AM Quilters 9:30AM Chair Yoga 12-3:00 Bridge 1PM Flower Arranging 	<b>18</b>
<b>19</b>	<b>20</b> 8:15 Chair Yoga 9:30 Chair Yoga 10:45 Card Making 1:00 Pinochle 1-3:00PM Art	<b>21</b> Health Fair 9:30AM-12:30	<b>22</b> 9:30AM Silver Sneakers 12:30 BINGO! 12-3:00 Mahjongg	<b>23</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/ Kathy	<b>24</b> 9AM Quilters 9:30AM Chair Yoga 12:00 Bridge 12:00 Music w/Mike and the Kids! 	<b>25</b>
<b>26</b>	<b>27</b> 8:15 Chair Yoga 9:30 Chair Yoga 9-12 Jeff Lewis BC/BS 10:45 Card Making 1:00 Pinochle 1-3:00PM Art	<b>28</b> 9:30 Band Ex 10:30 B/P Screening 12:30 Euchre Travel Club Picnic 	<b>29</b> 9:30AM Silver Sneakers 12:30 BINGO! 12-3:00 Mahjongg	<b>30</b> 8:30 Mahjongg 9:00 Wood Carvers 1PM Ex w/Kathy	<b>31</b> 9AM Quilters 9:30AM Chair Yoga 12:00-3:00Bridge	
			Produce By James Every Wednesday 9AM-2PM Starting July 8th			